

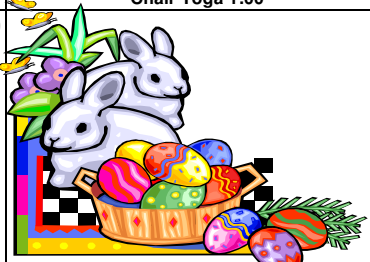



EAST WINDSOR SENIOR SERVICES EVENTS & ACTIVITES

APRIL 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2 Walmart/Big Y Plaza 9:00 - 11:00 Tax Preparation 9:00 - 12:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat Wii Fitness with Melissa 12:30 - 1:30	3 Coffee & Sharing with Sr. Center Team 10:00 - 10:30 FOCUS GROUP 10:30 - 11:30 WL JOB LOT SENIOR DISCOUNT SALE 12:30 - 2:00 Chair Yoga 1:00	4 Shopping at Geissler's 9:00 Cribbage & Card Games 10:45 - 12:00 Warehouse Point Library 1:00 - 2:00 North Central Health District Nutrition Classes 12:30 - 2:30	5 Foot Care Services 9:00 - 1:00 Free Blood Pressure and Sugar Screening 10:00 a.m. Tai Chi 10:30 - 11:30 SENIOR CLUB MEETING 1:00-3:00	6 HAPPY EASTER!! GOOD FRIDAY CENTER CLOSED 
9 Shopping - Walmart/Big Y Plaza 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa 12:30 - 1:30	10 FOOD FOR THOUGHT 11:00 - 11:30 ONE ON ONE LAW SESSIONS 12:30 Wii Bowling 12:30 - 2:00 Chair Yoga 1:00	11 Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:45 - 12:00 In Home Safety Presentation 12:30 - 1:30	12 Foot Care Services 9:00 - 1:00 Tai Chi 10:30 - 11:30 Wii Tournament vs. Windsor 1:00 - 2:30	13 SHOPPING TRIP KMART/BUFFET 9:30 - 1:30 In House Movie "The Help" 12:30 - 2:30
16 Shopping - Walmart/Big Y Plaza 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa 12:30 - 1:30	17 Coffee & Sharing with Sr. Center Team 10:00 - 10:30 MELISSA'S CRAFT HOUR 10:30 - 11:30 Chair Yoga 1:00	18 Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:45 - 12:00 MONTHLY BUSINESS PRESENTATION FLOWER POWER 12:30 - 1:30	19 AARP Driver Training Class 9:00 - 2:00 Tai Chi 10:30 - 11:30 SENIOR CLUB MEETING 1:00 - 3:00	20 Rockcats Game - New Britain 8:45 - 1:30
23 Shopping - Walmart/Big Y Plaza 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa 12:30 - 1:30	24 Plant Connection Presentation in Honor of Earth Day 10:00 - 11:30 BINGO 12:30 - 2:00 Chair Yoga 1:00	25 Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:45 - 12:00 Tai Chi 10:30 - 11:30 Wii Bowling 12:30 - 2:00 SET UP FOR MONTHLY SOCIAL	26 MONTHLY SOCIAL 12:00 LIVE ENTERTAINMENT Cameo Girls 	27 VNA Presentation "The Art of Listening" 11:00 - 12:00
30 Shopping - Walmart/Big Y Plaza 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa 12:30 - 1:30 				

3/20/2012

SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 A.M. TO 3:00 P.M.

SENIOR SERVICES 292-8262 TRANSPORTATION PROGRAM 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ 292-8279

NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279 WEBSITE WWW.EASTWINDSORCT.COM